

# MARCH 2025

## PENNICHUCK LUNCH MENU

Assorted Sandwiches Available  
Daily on W/G Bread (Ham, Turkey  
Tuna & Sun Butter & Jelly) W/  
Vegetable, Fruit & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Pizza Crunchers* Marinara Dipping Sauce, Corn, Fruit Cocktail, Milk</p>	<p><b>4</b></p> <p>Hamburger or Cheeseburger* on a w/g Bun, Smart Food Popcorn, Carrots Peaches, Milk</p>	<p><b>5</b></p> <p>Crunchy Breaded Fish Sticks*, French Fries Coleslaw, Orange Wedges, Milk Ice Cream 😊</p>	<p><b>6</b></p> <p>Crispy Chicken Bites* Buttered Rice Seasoned Broccoli Kiwi, Milk</p>	<p><b>7</b></p> <p>W/G Cheese Pizza or Pizza with Toppings* Black Bean Salad Carrots W/ Lite Ranch Dip, Pears, Milk</p>
<p><b>10</b></p> <p>Chicken Tenders* French Fries, Carrots W/ Lite Ranch Dressing, Strawberry Cup, Milk</p>	<p><b>11</b></p> <p>Seasoned Beef W/ Mashed Potatoes &amp; Corn Casserole, Dinner Roll Peaches, Milk Ice Cream 😊</p>	<p><b>12</b></p> <p>BBQ Rib Patty on a w/g Bun, BBQ Side- winder Fries, Savory Green Beans, Juicy Apple, Milk</p>	<p><b>13</b></p> <p>Mini Maple Pancake Bites*, Egg Patty Sausage Patty, Tater Tots, Banana, Milk</p>	<p><b>14</b></p> <p>W/G Cheese Pizza or Pizza with Toppings* Broccoli, Baked Garbanzo Beans, Pear Milk</p>
<p><b>17</b></p> <p>Chicken Patty on a w/g Bun, Lays Baked Potato Chips, Diced Carrots, Peaches Milk</p>	<p><b>18</b></p> <p>Meatballs in Marinara Sauce, Cheesy Pull- Aparts*, Seasoned Corn, Kiwi, Milk Welch's Fruit Snacks</p>	<p><b>19</b></p> <p>Assorted Sandwiches Baby Carrots, Apple Mini Rice Krispie Treat, Milk <b>Early Release</b></p>	<p><b>20</b></p> <p>Tortilla Wrap or Tostitos, Turkey Taco Meat* Cheese, Salsa, Refried Beans, Let &amp; Tom Strawberry Cup, Milk</p>	<p><b>21</b></p> <p>W/G Cheese Pizza or Pizza with Toppings * <b>*** Balsamic Glazed Beets, Pudding, Apple Milk</b></p>
<p><b>24</b></p> <p>Breaded Mozzarella Cheese Sticks* W/ Marinara Sauce Green Beans, Milk Applesauce Cup</p>	<p><b>25</b></p> <p>Chicken Breaded Drumsticks*, French Fries, Diced Carrots Scooby Doo Cookies Kiwi, Milk</p>	<p><b>26</b></p> <p>All Beef Hot Dog on a w/g Bun, Baked Beans, Seasoned Corn, Fruit Cocktail Milk</p>	<p><b>27</b></p> <p>Cooks Choice * Seasoned Broccoli Assorted Fruits &amp; Desserts, Milk</p>	<p><b>28</b></p> <p>W/G Cheese Pizza or Pizza with Toppings* Carrots W/ Lite Ranch Dip, Strawberry Cup Milk</p>
<p><b>31</b></p> <p>"The Max" Cheese Quesadillas*, Salsa Cowboy Corn Salad Pineapple Tidbits, Milk</p>				

This institution is an equal opportunity provider

w/g = Whole Grain

\* Indicates May Contain Soy

\*\*\*Harvest of The Month – Beets